



AVRDC

The World Vegetable Center



Prosperity for the poor & health for all!



International Vegetable Training Course
Module 1 – Seed to Harvest
14th September 2015

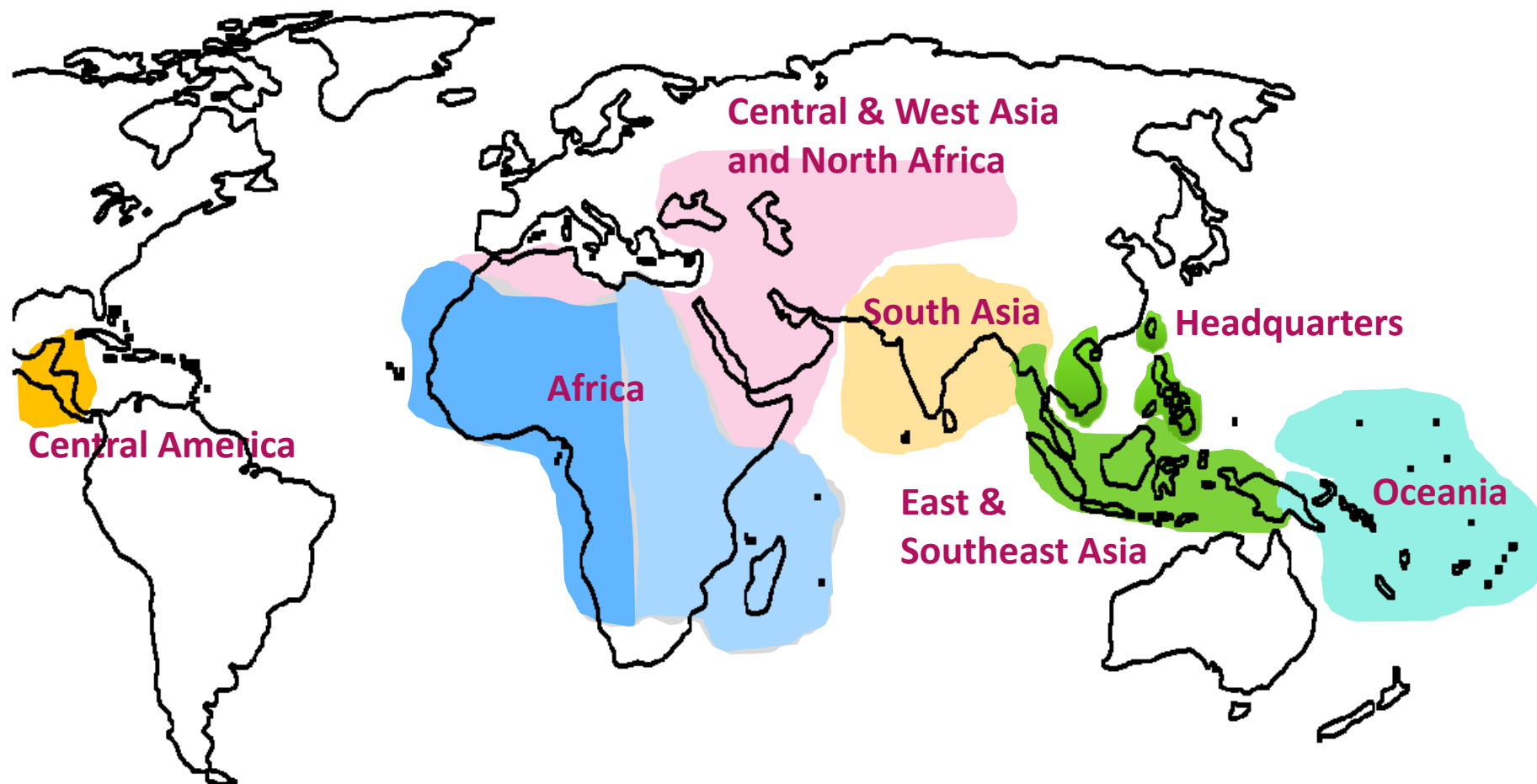


Research to promote development

- Founded in 1971 as the **Asian Vegetable Research and Development Center** with a regional research focus on Asia
- Our research and development is **nonprofit**
- Our research outputs are **global public goods**
- **The World Vegetable Center** has an expanding global role with a growing network of regional offices

*Alleviate poverty and malnutrition in the developing world through the increased **production and consumption** of health-promoting vegetables.*





AVRDC – The **WORLD** Vegetable Center



vegetables = nutrition

deficiency in
calories and
proteins



= HUNGER

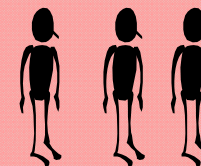


≥ 870 million
underweight

deficiency in
vitamins and
minerals



= MICRONUTRIENT
DEFICIENCY

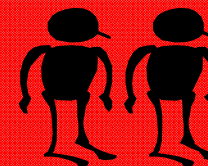


2 billion
malnourished

excess
calories



= IMBALANCED
CONSUMPTION



≥ 1.4 billion
overweight

Source: FAO; IFAD; WFP, 2012

75% of diabetics will soon be in developing countries



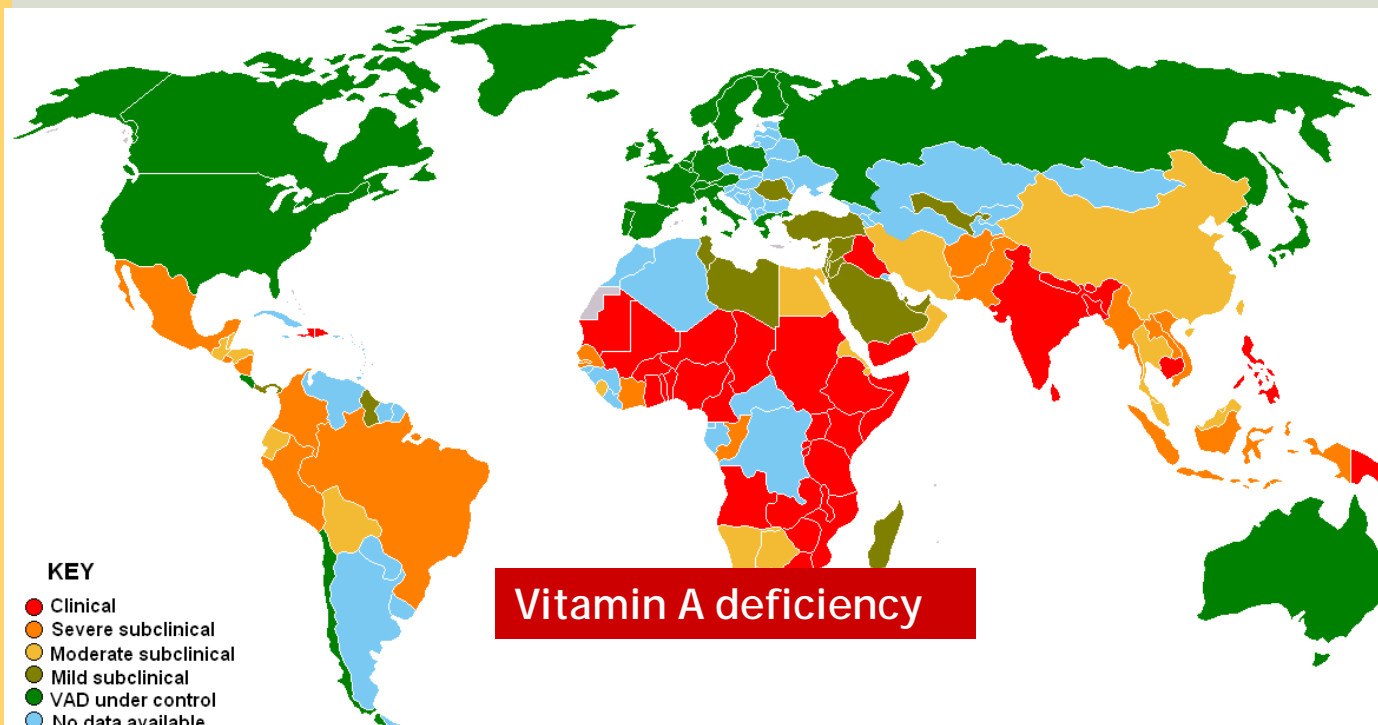
“Hidden hunger” micronutrient deficiencies

Each Year:

2.7 million deaths due to insufficient intake of micronutrients

Each Day:

**300 mothers die in childbirth due to iron deficiency
4,000 children die from effects of vitamin A deficiency**



Recommended nutrient intakes (RNI) and % RNI contributed per 100 g of:

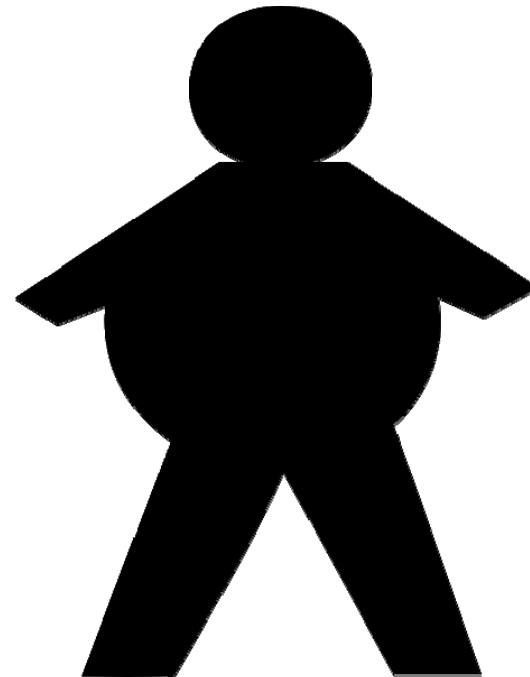
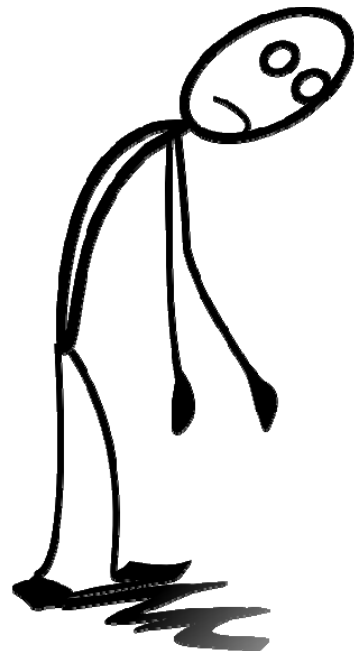
	Protein	Vitamin A	Iron	Folate	Zinc	Calcium	Vitamin E
RNI for pregnant women (1 st trimester)	g 60	µg RE 800	mg 30	µg 600	mg 11	mg 1000	mg α-TE 7.5
percentage of RNI	----- % -----						
rice	0	0	1	2	4	0	0
cassava (root)	2	0	1	5	3	2	0
millet	6	0	2	14	8	0	0
meat (chicken)	37	0	3	1	14	1	3
mungbean	40	2	22	104	24	13	7
vegetable soybean	18	2	13	28	13	4	78
cabbage	3	1	1	10	2	4	2
tomato	2	18	1	3	2	1	7
slippery cabbage	6	106	5	30-177	11	18	58
moringa leaves	7	146	11	49	5	10	65
amaranth	9	160	6	31	6	32	17
jute mallow	10	198	12	21	0	36	36
nightshade	8	101	13	10	9	21	28
vegetable cowpea leaves`	8	193	6	27	3	54	101

RNI source: FAO/WHO 2004; RNI for iron with low bioavailability; RNI for zinc with medium bioavailability
Nutrient data source: USDA nutrient database, AVRDC IV nutrient data, and literature



East and Southeast Asia and Oceania

Malnutrition in both developing and developed countries





(bio)fortification....



iron and zinc
biofortification ?



Iodization ?



vitamin supplements ?

... or more diverse diets?



Vegetables WIN (women, income, nutrition)

1. empowerment of women to manage small rural and urban plots
2. high value inputs and outputs (fresh and processed)
3. short cultivation cycle and huge diversity
4. increased nutrition provided to family and consumers



4 themes: from farm to fork, from seed to table

j hup sœtp

germplasm conservation and
evaluation, gene discovery

euhhg bj

genetic enhancement, varietal
development, selection of
indigenous lines, seed production

surgfxwlrq

safe and sustainable vegetable
production systems

frqvxp swlrq

postharvest management and
market opportunities, nutritional
security, diet diversification and
human health

whfkqrærj | #g lw hp b d wlrq

p rqlwru bj #dgg#hydoxdwlrq



theme germplasm



the world's largest vegetable collection (61,494 accessions)
Africa's largest vegetable collection (2,351 accessions)
439 species from 155 countries



Global vegetables



Wild relatives, diverse with unique traits

avrdc.org

Traditional vegetables



***Hibiscus sabdariffa*
(roselle):
Source of vitamin C**

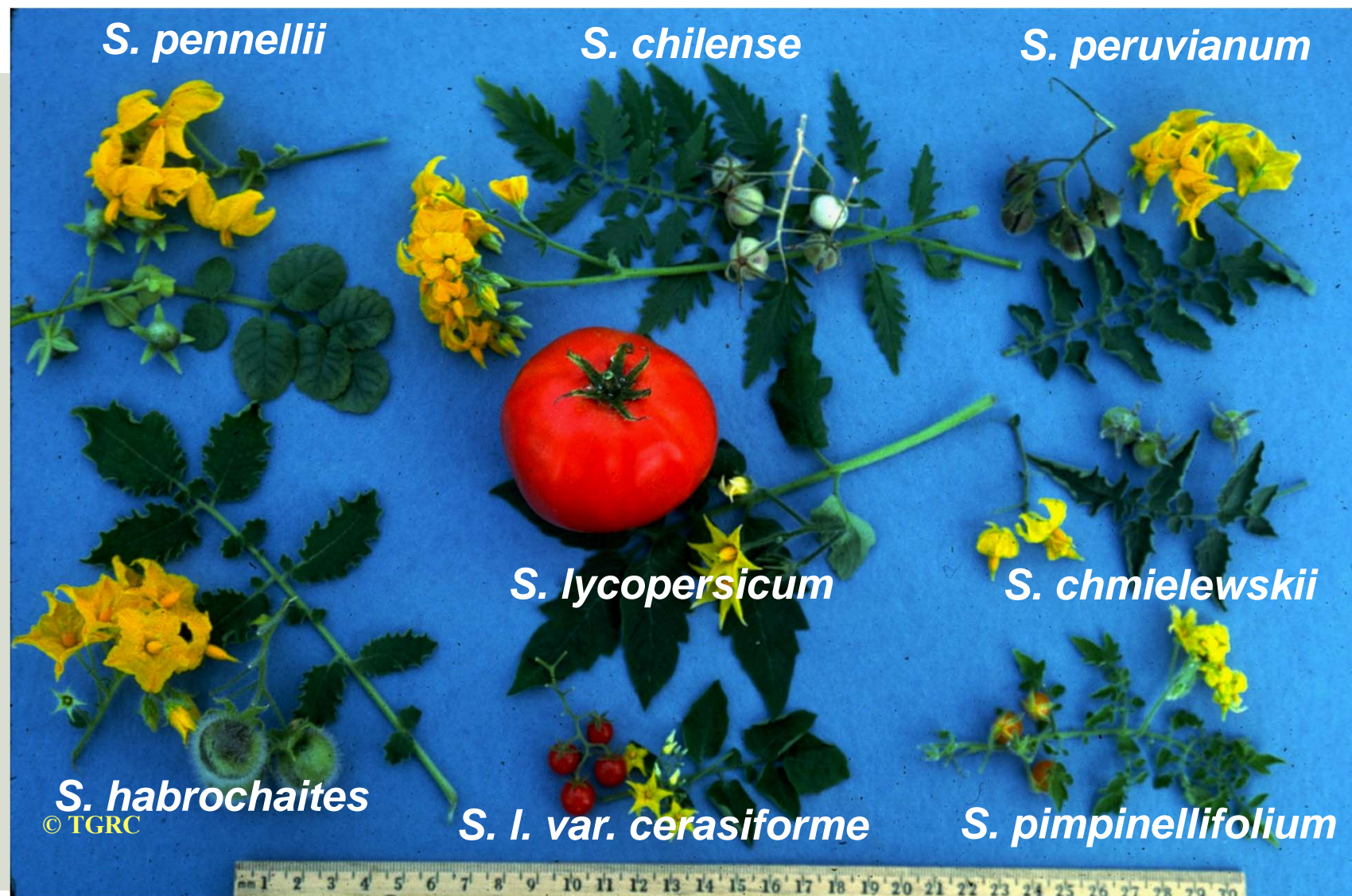
theme breeding

screening protocol
(identification of sources of
biotic and abiotic tolerance)
plant pathogen screening
laboratories
molecular laboratory
nutrition laboratory





Wild relative genetic resources





Bitter gourd

Momordica charantia can help millions in the developing world who suffer from metabolic disorders such as type-2 diabetes.





VI047688

VI047830

VI055378

VI050842

VI048038

VI047983

VI047819



VI047674

VI047875

VI048061

VI047145

VI054790

VI055014

VI049939

VI049940



VI049949

VI043046

VI043053

VI047216

Phenotyping and
photo documentation



VI056799



VI056800



VI056801



VI056804



VI056807



VI056816



VI056824



VI056825



VI056829



VI056833



VI056834-A



VI056834-B

**Phenotyping
and photo
documentation**

AVGRIS

AVRDC Vegetable Genetic Resources
Information System

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WELCOME TO AVGRIS

The AVRDC Vegetable Genetic Resources Information System (AVGRIS) is an information system that manages the data of all vegetable germplasm conserved at GRSU, AVRDC. It is designed to manage the GRSU operations more efficiently. It links all operations associated with germplasm conservation and management from registration, characterization, evaluation, seed inventory and seed distribution to end-users.

This web version of AVGRIS has been developed by GRSU staff. It provides the user direct access to germplasm data through the internet.

Use of the system is FREE but please first read the [TERMS OF USE](#)

The system aims to:

- Assist the GRSU staff in day-to-day activities.
- Facilitate recording, storage and maintenance of germplasm data.
- Provide direct access to information pertaining to accessions in the genebank
- Allows requests for the desired seeds

The data that are accessible are:

- [Passport](#)
- [Characterization](#), and
- [Evaluation](#)

Germplasm information and access

Global distribution - 500 improved vegetable lines

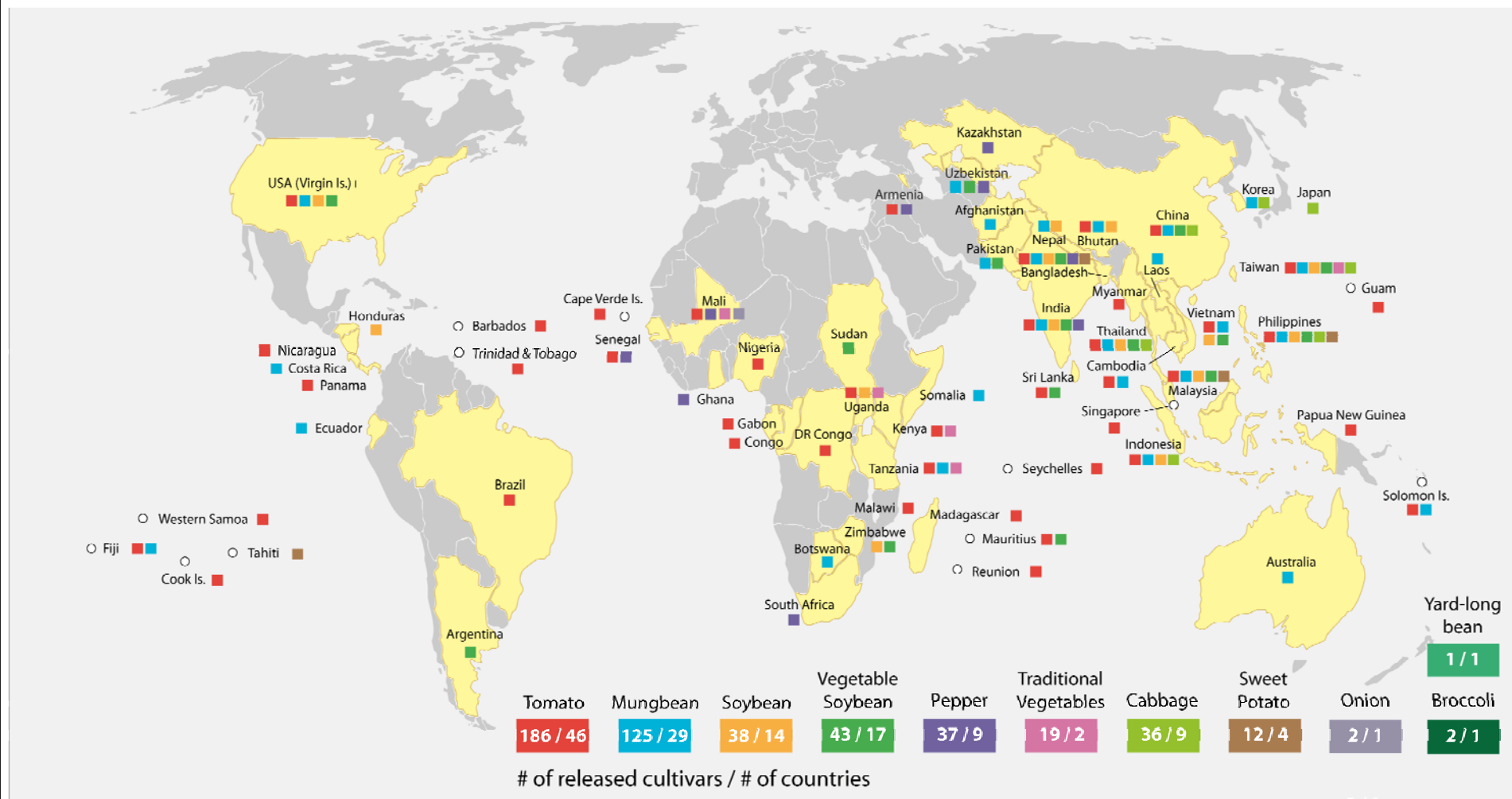
180 tomato lines



AVRDC

The World Vegetable Center

AVRDC-derived varieties released since 1978



501 improved vegetable cultivars
benefit farmers around the world



Seasonality of Bangladesh Vegetables

May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr
SUMMER Cucurbits, vegetable cowpea, hyacinth bean, stem amaranth, several aroids and Indian spinach						WINTER Tomato, cabbage, Chinese cabbage, cauliflower, eggplant, carrot, spinach, bottle gourd, bush bean and radish					
YEAR ROUND Okra, heat tolerant tomato, eggplant, carrot, spinach, many leafy vegetables, small onion, etc.											

theme production

IPM against fruit and shoot borer



grafting



Parameter	Lam Dong province
Adoption rate	100%
Average yield (t/ha)	73.3
Yield advantage of using grafting (%)	30%
Change in total revenues associated with grafting (%)	171%
Change in total cost associated with grafting (%)	78%
Increase in annual profit from using tomato grafting (million US\$)	36.7

Improved tomato lines and technologies: summer tomato production



**Heat tolerant
variety**

mulch

raised
bed

simple structure

staking



Tomatotone
(fruit-set)

theme consumption: postharvest

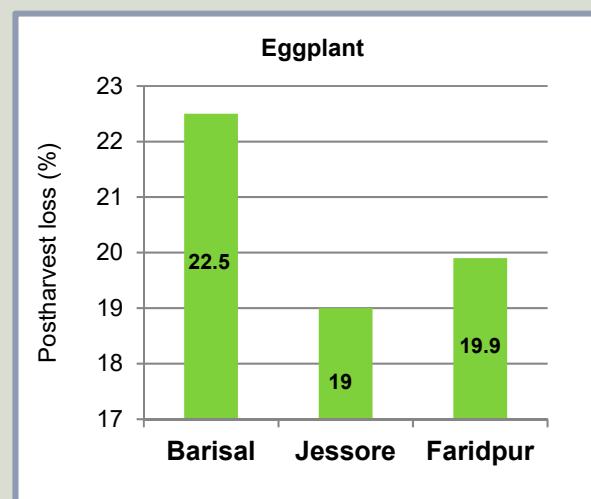
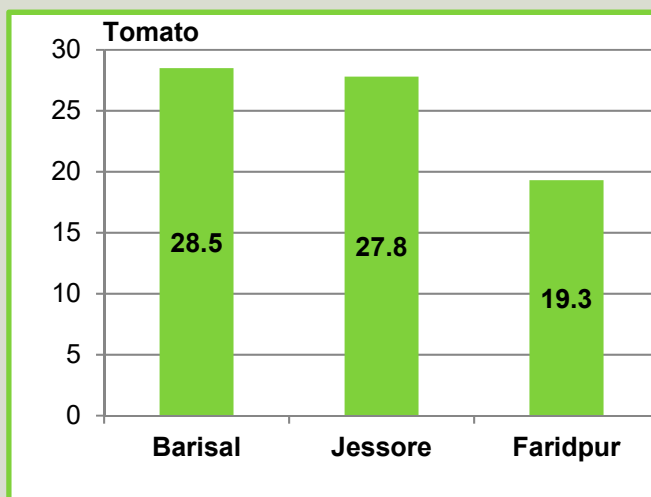


one-stop shop for
equipment, advice,
services

Monitoring and evaluation

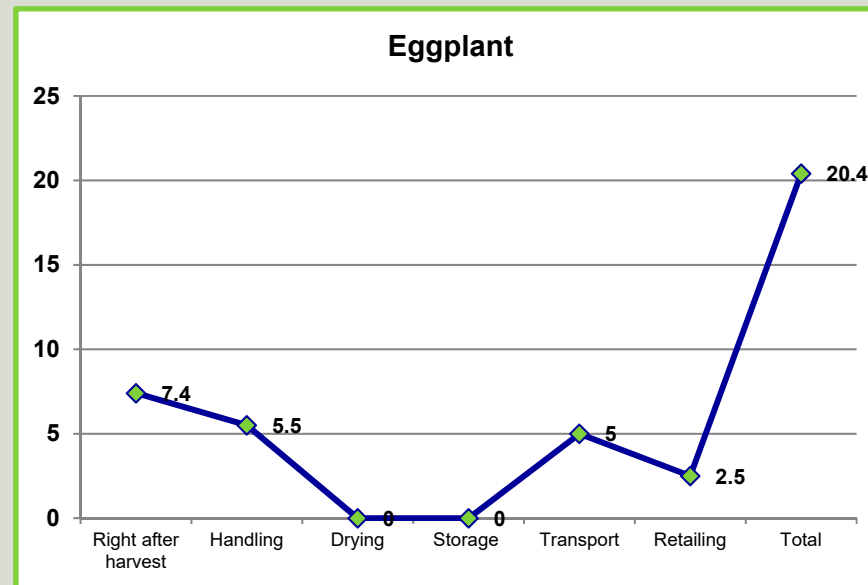
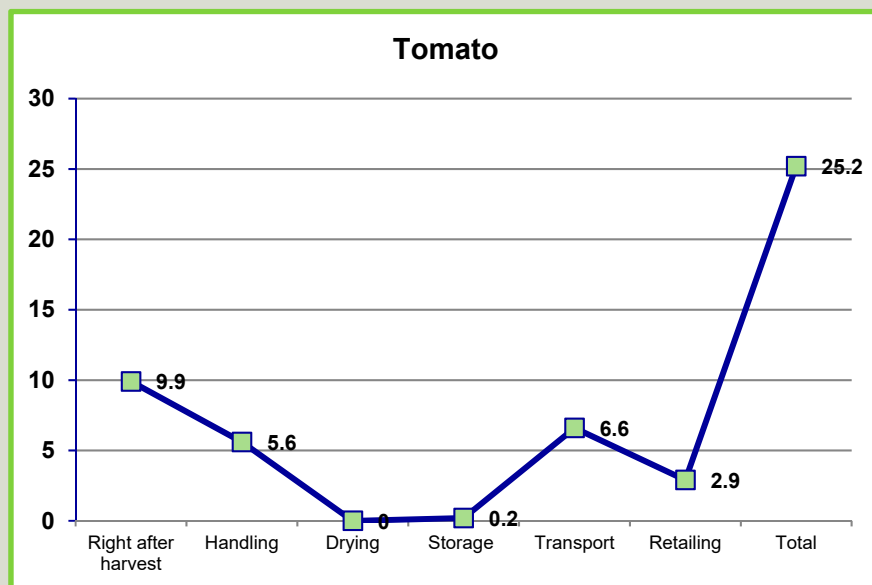


Postharvest losses of vegetables (%) in Bangladesh





Postharvest losses of vegetables in each stage of postharvest system



theme consumption: marketing

recipes and nutrition education

Traditional Vegetables
Recipes from Cameroon
Amaranth, African Eggplant, Jute Mallow, Nightshade and Okra
Takemore Chagomoka
Regine Kamga
Abdou Tenkouano
Maureen Mecozzi

AVRDC
The World Vegetable Center

African Traditional Vegetables
Recipes for health and good taste

Ingredients:
1 handful Black jack leaves
1 onion
2 tomatoes
4 tbs cooking oil
1 cup water
1 cup coconut milk
½ cup groundnut flour
Salt to taste

Preparation:
• Wash black jack leaves and chop finely.
• Wash and chop the onion.
• Wash, peel, and chop the tomatoes.
• Fry the onions in oil, add tomatoes and salt, stir until soft.
• Add chopped black jack leaves and stir well. Add water, cover the pan.
• Season to taste. Mix coconut milk with groundnut flour, add to the vegetable.
• Simmer for 5 minutes. Season to taste, serve while hot.

AVRDC – The World Vegetable Center
Regional Center for Africa

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• Simmer for 5 minutes. Season to taste, serve while hot.

‘vegetables go to school’



home garden seed kits





linking private and public sectors





Global Urbanization Trends

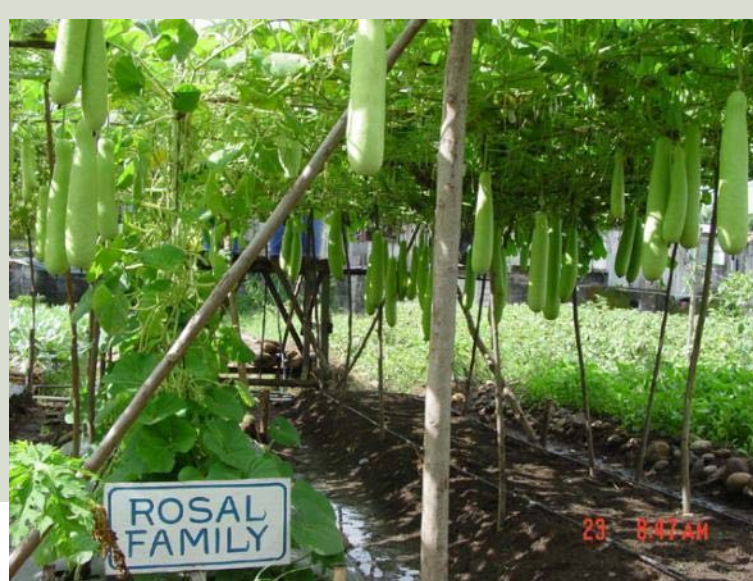


The Urban and Rural Population of the World (1950 to 2030)*

**Source: United Nations, Department of Economic and Social Affairs, Population Division (2006). World Urbanization Prospects*



Allotment gardens Philippines





Container and community gardening



Urban agriculture can take place in small spaces and can be productive.

Ingenuity is the key!





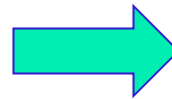
Community Gardens



Copying with climate uncertainties



Wild tomato - source of drought tolerance



High yielding
tomato variety



Heat tolerance

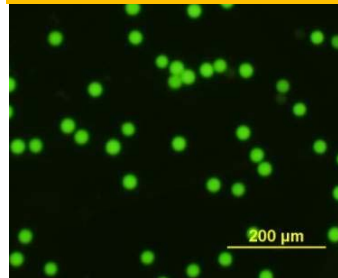
Normal flower



Damaged flowers of CA4



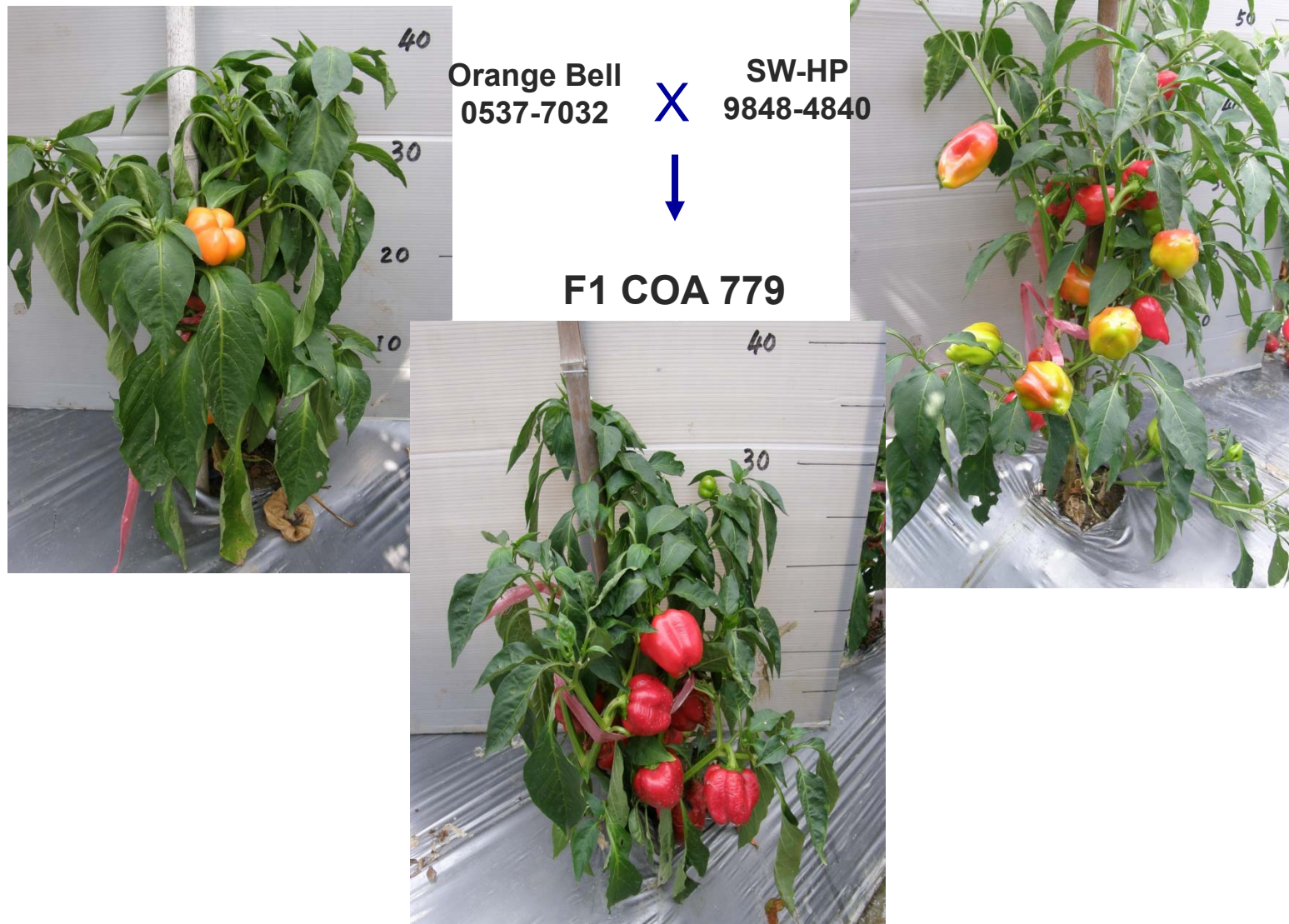
Pollen Viability



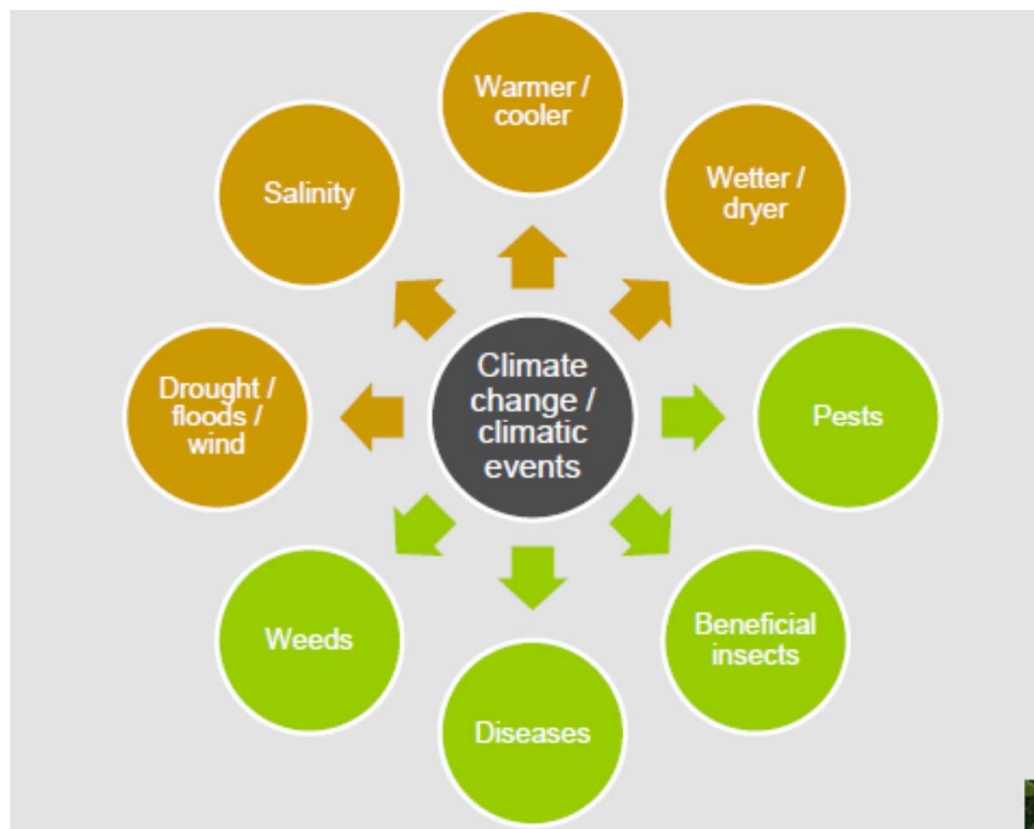
No fruit set in CA4



Heat tolerance in pepper



Resilient production systems to adapt to climate change



New varieties
Cropping systems
Grafting
Irrigation
Drainage
Rain shelters

Protected cultivation –
nursery and production
Hydroponics and fertigation
Post-harvest





Enhancing Climate Resilience



Grafting



**Nutritious
vegetables must
be safe!**



The Association of Southeast Asian Nations

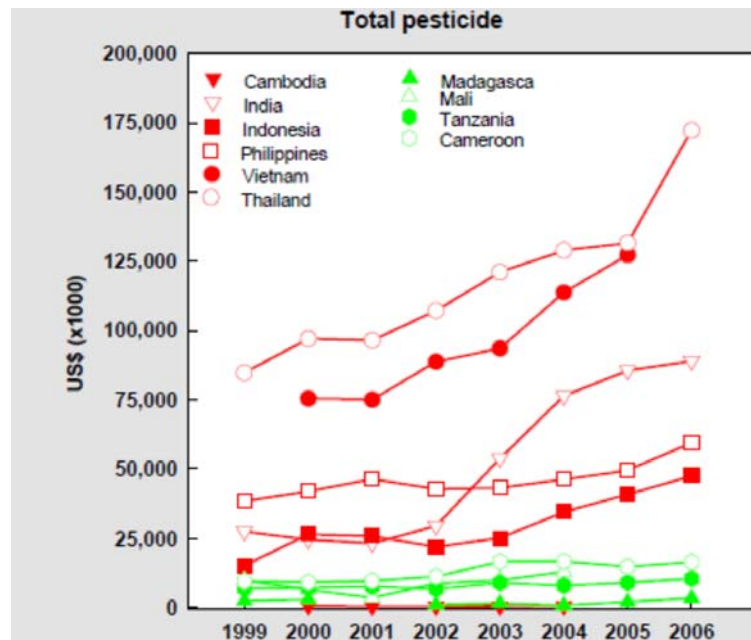
“UNIDO Regional Trade Standards Compliance Report, 2013”

“ASEAN potential to gain from macro trends of increasing population and purchasing powers not met in all countries by increased vegetable production”

- Food safety and quality issues cause import rejections:
 - Maximum Residue Limits (MRLs) exceeded of pesticides (approved and prohibited) and mycotoxins
 - presence of quarantine plant pathogens and pests
 - inadequate hygiene standards



Inappropriate pesticide use accepted practice



Precise data not available!

Loss of producer profit

Loss of trade and value chains

Loss of country and retailer credibility

Loss of biodiversity

Loss of yield

Increased pest resistance

Health hazard to growers

Health hazard to consumers

Solutions to inappropriate pesticide use

Precise pest and disease diagnostics and IPM

- **Agronomic practices**
- **Judicious pesticide use**
- **Biological control**

Agronomic practices

Tomato bacterial wilt caused by <i>Ralstonia solanacearum</i> (soil-borne, vascular bacterial disease)		
Control principle	Specific measures	Efficacy
Pathogen exclusion	Use a plot without disease history Use clean seedlings No contact with contaminated water	***
Pathogen reduction	Practice rotation Remove diseased plants Apply chemical or organic amendments	**
Host resistance	Use locally effective resistant cultivars	***
Direct protection	Use sterilized pruning tools	*

Agronomic practices

Tomato leaf curl virus caused by begomoviruses (insect-transmitted viral disease)		
Control principle	Specific measures	Efficacy
Pathogen exclusion	Raise healthy seedlings by protection with 60-mesh net	***
Pathogen reduction	Control whitefly, with pesticide, trap crops, pheromone traps Remove and destroy infected plants	*
Host resistance	Use locally effective resistant cultivars	***
Direct protection	Apply summer oil on leaves	*



Agronomic practices

Graft preferred vegetable variety onto rootstock with resistance to prevalent diseases (or flooding)



Grafting

Research in Action 8

An impact
assessment of
AVRDC's tomato
grafting in
Vietnam



Christian Genova
Pepijn Schreinemachers
Victor Afari-Sefa

Quang Vinh, IVTC trainee

2007 Lam Dong Province 4000 ha
cultivated with grafted seedlings

2012:
Full adoption in Lam Dong and
increasing in Red River Delta

Yield increased by 18 t ha⁻¹

Increased profit in Lam Dong of
US\$7.7 million

AVRDC recommended rootstocks for tomato grafting



TS03 ●●



EG190 ●●●●



EG195 ●●

Resistant to:

- Bacterial wilt
- Fusarium wilt
- Root-knot nematode
- Flooding



EG203 ●●●●



EG219 ●●●●



HW7996 ●●



Judicious Pesticide Use

Crop Protection Stewardship

Enforce
GAP



Increase awareness:

MRLs and health impacts

Appropriate use of approved products at correct dose for specific crops

Appropriate timings of applications (respecting Pre-Harvest Interval)

Use of correct safety and application equipment

Store and dispose responsibly

Biological control

Metarhizium anisopliae var. *acridum*

Senegalese grasshopper
(*Oedaleus senegalensis*)

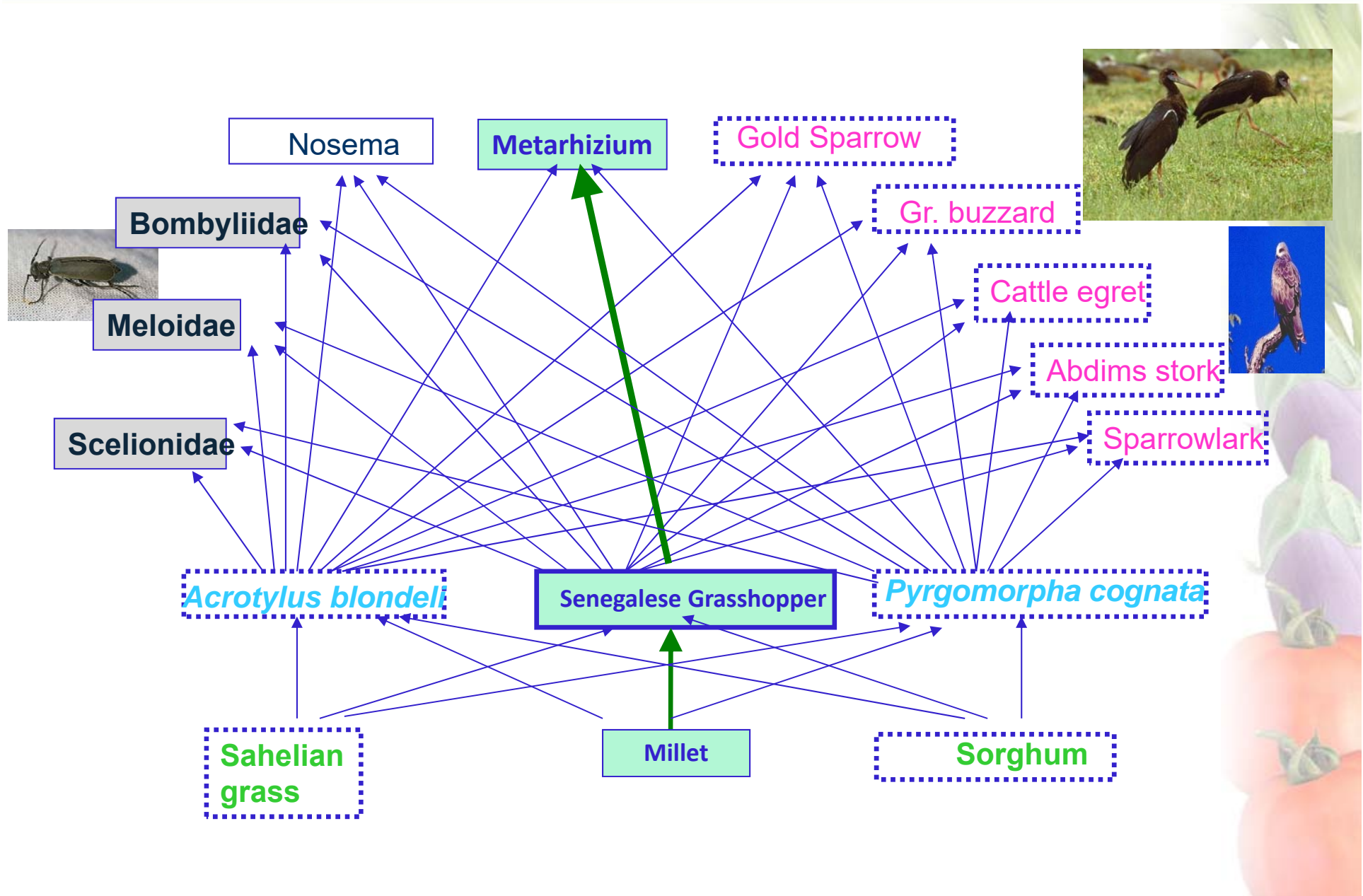


Green muscle™ Africa
Green guard™ Australia



Millet (*Pennisetum glaucum*)

Biocontrol – ecological equilibrium





IPM can combine chemical and biological control

Combining bio-pesticides with chemical pesticides to manage legume pod borer (*Maruca vitrata*) on yard-long bean in Thailand

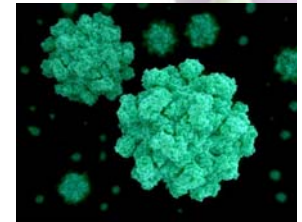
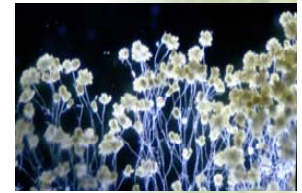
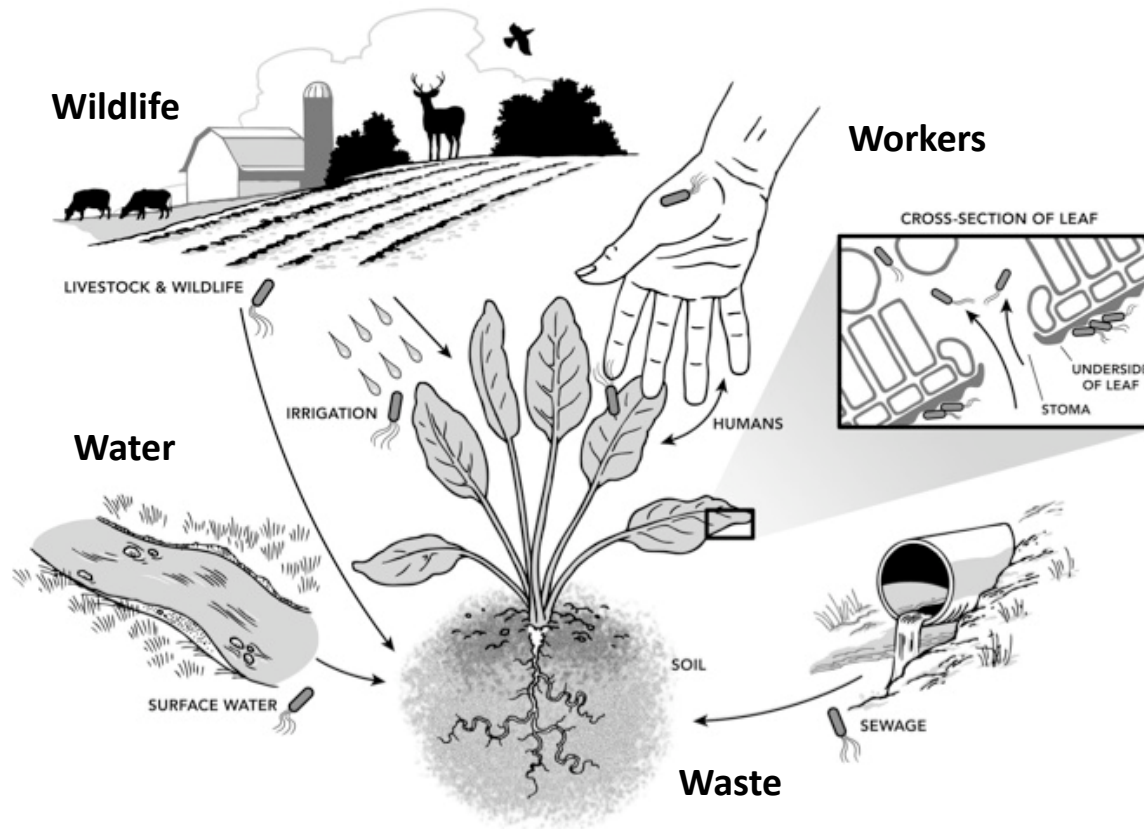
S. Yule^a & R. Srinivasan^b

^a AVRDC - The World Vegetable Center, East and Southeast Asia, Research and Training Station, Kasetsart University, Kamphaeng Saen Campus, Kamphaeng Saen, Nakhon Pathom 73140, Thailand

^b AVRDC - The World Vegetable Center, Shanhua, Tainan 74151, Taiwan
Published online: 25 Apr 2014.

International Journal of Pest Management

Risk Factors - Foodborne Pathogens



Harvest → Post Harvest → Consumption



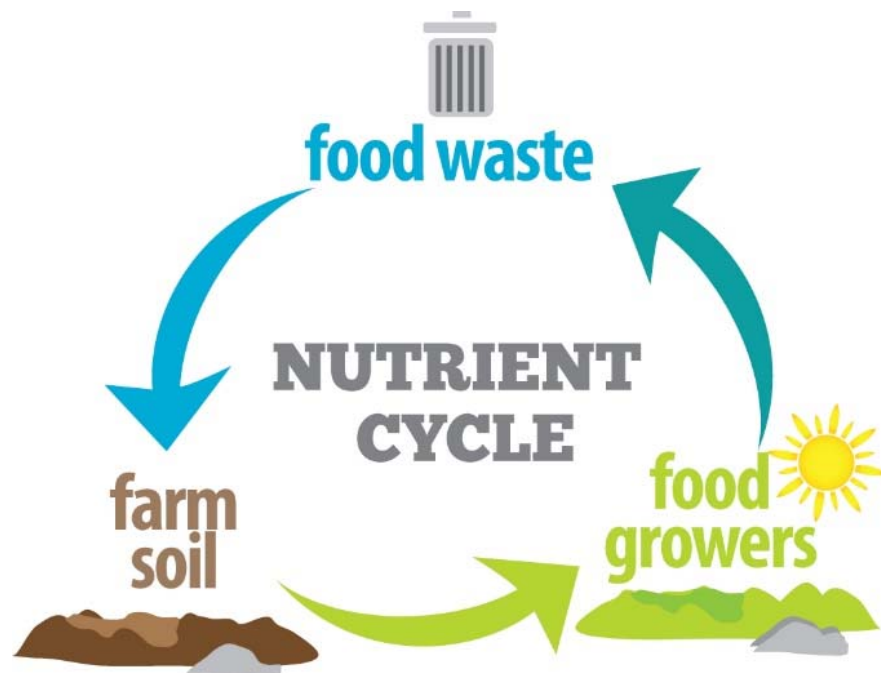
Summary - nutrition is the core

Exploit strategic niche of vegetables – in focused approach

Evidence of links between agriculture / nutrition / health / gender

Evidence of quality nutrient supply (varieties / agronomy / postharvest)

Evidence of resilient vegetable - cropping systems



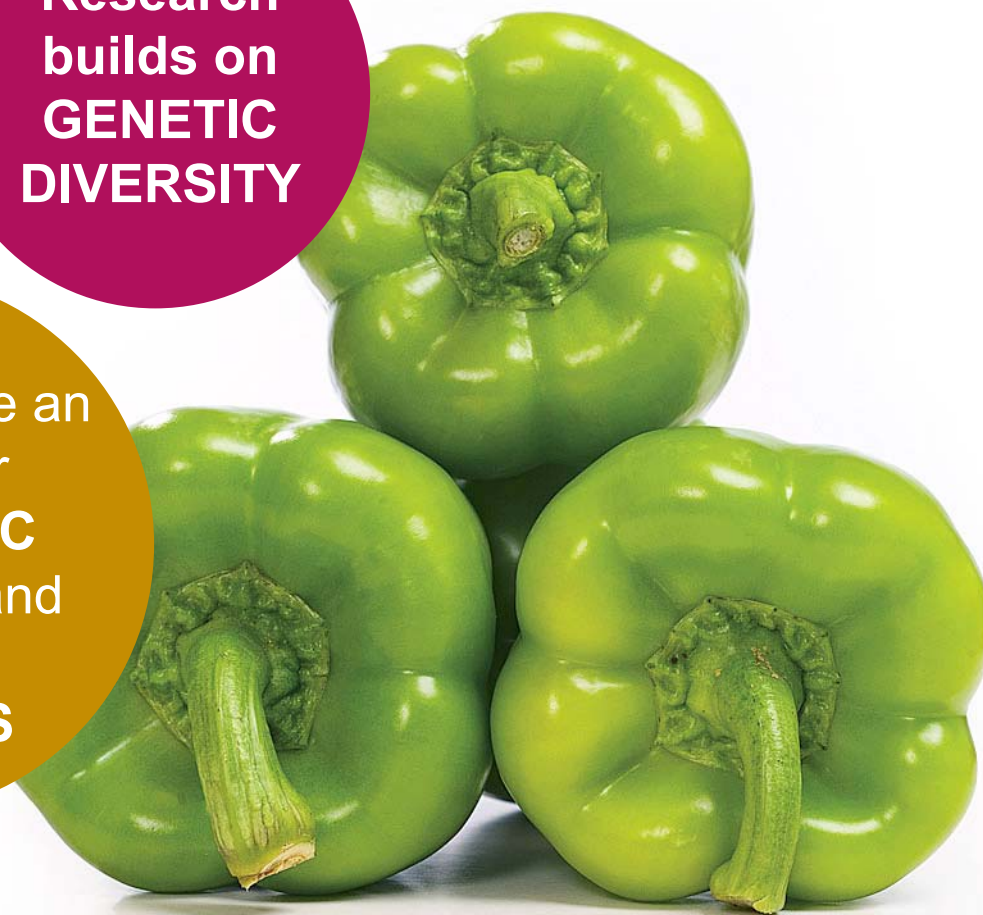


Summary

Vegetables
are
essential
for **HEALTH**

Research
builds on
**GENETIC
DIVERSITY**

Vegetable are an
engine for
**ECONOMIC
GROWTH** and
**HIGHER
INCOMES**





AVRDC

The World Vegetable Center



Prosperity for the poor & health for all!

**Thanks and
questions?**



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